



Unlocking the potential

J E Jackson Ltd
Brain Injury Case Management
37 Grosvenor Way
Barton Seagrave
Kettering
Northants
NN15 6TG

Brief Résumé
Vikki Sturgess

I am an Occupational Therapist by background with 14 years experience of working with individuals with acquired brain injury and complex needs arising from both physical and cognitive impairments. I have worked with a variety of clients at various stages of recovery and rehabilitation.

I have worked in residential settings for clients with complex problems as a consequence of brain injury, I have extensive knowledge, understanding and expertise in assessment, therapeutic interventions, goal setting and attainment plus planning of rehabilitation, as well as risk assessment and management.

I have worked with clients with Spinal Injury and attended several courses to enhance my knowledge and understanding in this area.

I also trained as an instructor in de-escalation techniques and non-aggressive management of challenging behavior.

I am registered with the Health Professions Council and a member of the British Association of Occupational Therapists. I am also a member of British Association of Brain injury case managers.

I qualified in 2001 gaining a BSc (Hons) Occupational Therapy with the College of Occupational Therapists from the University of Northampton.

I have worked in the Independent Sector gaining extensive experience of working with children, young people and adults with complex disabilities as a consequence of brain injury.

Professional Qualifications –

BSc (Hons) Occupational Therapy

Other Relevant Qualifications

2007 Post Graduate Certificate of Education

2005 NCRGSA Tutor (National Control and Restraint General Services, Active tutor 2005-2007)

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Employment -

May 2013 - Current

Brain Injury Case Manager, J E Jackson Ltd, Brain Injury Case Management

Previous Employment: -

2007 - 2013 Full Time Brain Injury Case Manager, Independent Case Management Ltd

2005 - 2007 Part Time Brain Injury Case Manager, Independent Case Management Ltd.

2005-2007 Senior Occupational Therapist, Grafton Manor, Brain Injury Services, Partnerships in Care

2004 - 2005 Occupational Therapist, Brain Injury Services, Kemsley, St Andrews Hospital, Northampton

2004 - Locum Occupational Therapist, Greenwich Adult Mental Health Services

2001 - 2003 - Medical Secretary, Northampton General Hospital

200 - 2003 - Care Assistant, Claremont Nursing Home, Kettering.

Courses & Conferences – (recent courses only, as example)

- BIRT Conference 2013
- Managing Complex Neurological Injuries through Rehabilitation and Litigation 2013
- Clinical effectiveness in Head Injury Rehabilitation 2012
- BIRT conference 2011
- Goal Planning in Acute and Community settings 2011
- Interdisciplinary note keeping 2011
- Cognitive Behavioural Methods in Occupational Therapy 2010
- BABICM conference 2010
- Attending and presenting numerous training workshops; traumatic brain injury, effective strategies and approaches in brain injury rehabilitation.
- Head First; Effective Case Management April 08
- BABICM Conference June 2008
- CBIT Workshop; Supporting a Family following childhood ABI July 08
- Spirit - Spinal Cord Injury - mitigating the consequences 07.

Professional Memberships

- British Association of Brain Injury Case Managers
- British Association of Occupational Therapists
- Health Professionals Council

Experience

I have had 14 years' experience of working within the specialist area of brain Injury both as an occupational therapist and as a case manager.

I have worked in both residential clinical settings and in the community and have experience in working with both adults and children. I have an in depth understanding of the physical, cognitive,

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behavioural and psychological issues facing brain injured individuals and their families.

I have experienced in managing complex cases and ensuring all members of the Multidisciplinary Team are working effectively towards the client's rehabilitation goals.

I am keen to explore all available options for clients to obtain the best rehabilitation services available. I also have a feel that working with the family unit, or significant others, is paramount to achieving good outcomes for the client.

Key skills

Complex case management including brain injury and spinal cord injury clients and their families.

Successfully case managing challenging clients and their families.

Effective relationship building with clients with behavioral difficulties.

Management of domiciliary care services.

Managing and supervising Therapists and Support Workers.

Accessing funding through private and statutory avenues.

Implementing cognitive strategies into daily activities.